

## Impact of Water Pollution on the Environment

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### **Abstract:**

Water pollution is one of the important study topics that has drawn the interest of environmentalists and academics because to its profound impact on the lives of people, animals, and plants. It is more closely related to soil and air pollution than it is less dangerous. The study of pollution in general and water pollution and its causes were the main foci of the research. There have been several pollution processes in addition to groundwater contamination, the most significant of which are biological, physical, and caused by the disposal of solid and liquid waste into rivers, lakes, and oceans.

**Keywords:** Seas, Air, Water; Factories, Environment, Germs

### **1. Introduction:**

In the eyes of the majority of academics and interested parties, water pollution research is crucial. Its significance stems from the fundamental alterations it brings about in the lives of people, animals, plants, soil, and the ecosystem at large. The study focused on the problem of water pollution caused by the disposal of solid, organic, and liquid wastes into lakes and streams that are home to hazardous substances including lead, mercury, and metals. One of the most significant forms of pollution resulting from nuclear activities is radioactive pollution, which occurs when elements escape into the water and transform into a poisonous and contaminating material. The study also clarifies the primary industrial causes of water contamination, which include tanning plants, lead, mercury, and copper. Because most firms do not utilize fertilizers and pesticides in accordance with industrial drainage standards, the waste ends up in the water. Water contamination is also significantly impacted by garbage leaks from residential buildings. Additionally, it addresses sanitation sources, which are the main contributors to water pollution. It places special emphasis on the main causes of groundwater contamination as well as the steps involved in treating and purifying it.

Pollution is defined as any adverse change to one or more environmental components brought about, either entirely or in part, by industrial or necessary human activity, as compared to the pre-intervention state of nature. These changes start with variations in radiation levels, energy levels, and unintended biological, physical, and chemical changes that occur in the biosphere, which is our immediate environment and the environment in which all other living things reside. These changes can have an impact on the ecological balance through various agricultural products, food, air, and water.

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It may also mean any purposeful or unintentional quantitative and qualitative alteration to one or more environmental components that endangers the existence of the organism or reduces ecosystems' capacity to produce more of it.

One of the most crucial natural resources for any economic structure is water, as it is essential to life and social development for all living things. In fact, it is impossible to imagine life on Earth without water, as the term itself is the true synonym for life. People depend primarily on water for survival and growth; it is responsible for agriculture, food, drink, and energy. It is sufficient to say that water makes up at least 75% of the human body and roughly 90% of plant composition. Water is also one of the necessities of life, and as one gets older, their needs for it increase. However, thousands of years ago, water played a significant part in the development and prosperity of human civilizations. There is historical evidence that many different civilizations developed and prospered near rivers. The value of water does not end here. Water resources are the sole source of fish riches, which is one of the world's most significant food sources. Water also plays a crucial role in linking different regions of the globe via marine transportation.

## **2. The causes of water contamination:**

Any adverse alteration to an element of the environment is referred to as pollution. It is a product of industrial and necessary human effort, in whole or in part. The biosphere, which is home to all other living things, experiences unwelcome biological, physical, and chemical changes along with fluctuations in energy and radiation levels. The ecological balance may be directly or indirectly impacted by these changes in food, air, water, and other agricultural products. The origins of environmental contaminants are many and diverse, and their meanings and impacts vary. It is also referred to as the quantitative and qualitative change that occurs to one or more environmental factors, which would be detrimental to the organism's survival and lessen the ecosystem's capacity to produce more.

One of the most crucial natural resources for any kind of economic system is water. It is the source of development and a means of subsistence for every community. Without water, life cannot exist on the surface of the world. The actual synonym for the term "life" is "water." All living organisms, but particularly humans, rely mostly on water for survival and development. Water equates to food, drink, agriculture, and energy. It makes up almost 90% of the makeup of plants and more than 75% of the human body. It is among life's essentials. However, for thousands of years, water has been crucial to the development and well-being of human civilizations. Several historical records suggest that several civilizations emerged and thrived in the vicinity of rivers. The significance of water doesn't end here. Fish riches, one of the world's most significant food sources, can only be found in water resources. Water also provides a way of marine transportation across different regions of the earth.

Numerous types of contamination harm water supplies. Water supplies may soon run out if pollution levels rise more. Forty percent of all people on the planet live in 88 developing nations. The lack of water is a major obstacle because of its social and economic development. The quantity of fresh

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water used for diverse reasons has steadily grown due to the growing global population and variety of their activities.

Water pollution arises from the disposal of sediments and organic waste that deplete oxygen, mostly from untreated urban sewers and industrial drains. These areas are also the source of trace contaminants, which include hazardous compounds and metals like mercury, zinc, lead, and cadmium. Thermal pollution is one kind of water pollution that arises by discharging waste water from industries, power plants, and cooling towers into water streams. This leads to an imbalance in the water environment and elevated temperatures.

The following are some of the elements that determine whether surface water is suitable for use and how polluted it is:

1. The water stream's present water velocity.
2. The water's dissolved oxygen content.
3. The rate at which bacteria can analyze trash and contaminants
4. The state of the wastes and contaminants that are discarded into the ocean.

The following are, in fact, the most crucial characteristics of water that make it fit for usage:

1. It must have no flavor, color, or odor.
2. It must be devoid of all microorganisms, including bacteria and algae.
3. It is devoid of any chemicals, including chemical fertilizers and pesticides.
4. It has no traces of neutralization or acidity.

Its specifications alter as a result of pollution since it makes it less able to carry out its natural function. As a result, it is no longer suitable for its assigned uses—human, agricultural, or industrial. There was a concept that claimed the best locations for disposing of production and consumption wastes and residues from human activity are rivers, seas, oceans, and other watercourses. Man never imagined that the trash and leftovers he dumps into the rivers would one day come back to haunt him, either in the form of fish or water for his crops or crops. He suffers significant harm from this, either directly or indirectly.

### **3. Water pollution types:**

#### **3.1. Pollution that is physical**

Both organic and inorganic elements floating in water may cause physical pollution. The taste, smell, and color of water are all altered by these contaminants. The high temperature caused by dumping cool factory and nuclear reactor water into bodies of water is one kind of physical pollution. It damages aquatic life and causes the quantity of dissolved oxygen to drop.

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### 3.2. Pollution caused by chemicals

Excessive concentrations of dissolved salts, acids, fluorides, metals, organic compounds, fertilizers, and pesticides cause this kind of pollution. Most metals, including some dangerous ones like barium, cadmium, lead, and mercury, are somewhat soluble in water.

On the other hand, a rise in some disorders is caused by non-toxic metals including calcium, magnesium, salt, iron, and copper. For instance, an excessive salt content ruins the taste of the water and increases the risk of renal and heart problems as well as plant poisoning. Similarly, water has the ability to dissolve the majority of organic compounds. They are either organic compounds—like insecticides and detergents—that the bacteria in the water may degrade, or they are insoluble materials. The primary components of fertilizers are nitrogen and phosphorus, and the presence of these elements in the water encourages the growth of aquatic plants. This might cause the lakes to age prematurely and finally transform into dry ground or wetlands.

### 3.3. Chemical pollution occurs in the following

**1. Acidic and alkaline substances:** Water's pH may be altered by both acidic and alkaline substances. Acid contamination of the water will lead to pipe corrosion as well as other corrosion. The kind of polluted acid involved in this corrosion determines the dangers to human health. Additionally, salts including carbonates, bicarbonates, hydroxides, and chlorides are formed by alkali pollution. Water that is hard is due to bicarbonate of carbon, calcium, and magnesium. In accordance with this, chloride compounds cause the ground to become salinized.

**2. Heavy metals:** Lead, mercury, cadmium, and arsenic are the most prevalent heavy metals in the environment. It is possible to combine the compounds of the mineral mercury with both soil and water. Mercury compound contamination results in inflammation of the kidneys and gingivitis, sleeplessness, psychological distress, and forgetfulness in addition to disruptions in the central nervous system. Many sectors, including the production of batteries and plastics, employ cadmium. Chromium poisoning of water causes illnesses of the kidneys, lungs, heart, and bones. Moreover, one of the main causes of lead contamination is lead industries that make batteries.

**3. Nitrates and phosphates:** These substances are responsible for the blooming, or greening, of water. On the surface of reservoirs, lakes, the shoreline, and stagnant waterways, they resemble a green coating of weeds. It covers the water's surface, which hinders the entry of oxygen and has an impact on life. The components of green algae are phosphorus, nitrogen, and carbon. It is important to remember that nitrates bind to hemoglobin and stop oxygen from combining, which may lead to asphyxia.

**4. Iron and Magnesium:** These two elements give water a rust-colored hue. In surface water, it is prevalent. Unless it is discovered in significant amounts, it does not cause harm.

**5. Organic substances:** A large number of organic chemicals contaminate water. The most well-known kinds are insecticides, fungicides, and other industrial chemicals, as well as pollution from

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petroleum and its byproducts.

6. Water is treated with fluorine and chlorine to remove dangerous bacteria. However, when it includes carcinogenic chlorocarbons, they interact with hydrocarbons.

#### **3.4. Pollution from biological sources**

Important pollutants including harmful bacteria, viruses, and parasites are examples of biological pollution. The excrement of humans and animals is the source of these contaminants. When they come into contact with sewage or agricultural drainage water, they are transmitted to the water and may infect people with a variety of illnesses, including cholera. To remove these contaminants from drinking water, sterilizers like chlorine must be applied.

#### **3.5. Pollution from radioactive sources**

Nuclear activities and the effort to dispose of nuclear waste enhance the danger of this kind of contamination. It is possible for radioactive chemicals to escape into bodies of water, where they are then absorbed by living things and passed on to people, having a variety of genetic consequences. The primary radiation that causes bone cancer is radium. Additionally, a physiological shift occurs when radioactive elements are present in water.

#### **4. The primary causes of contamination in water:**

River, lake, and other surface water pollution varies depending on how easy it is to regulate or how important it is to the ecosystem. It is split into two sections:

**4.1. Particular sources of pollution:** These include the sources that enter water bodies via strategically placed outlets. Controlling these kinds of sources is simple. Their amounts may also be quantified, and their chemical, biological, and physical characteristics can be ascertained. Sanitation and industrial wastes are among these contaminants.

**4.2. Unidentified sources of pollution:** Unidentified sources stem from pervasive sources that are not directly under control. It comprises wastes from farming operations as well as ones that are thrown into water bodies by raging rivers. The finest illustration of unidentified sources of pollution is the access that trucks and pipes have to water bodies when transporting hazardous materials that may spill different types of pollutants. One of the unidentified causes of contamination is acid rain.

#### **5. The following are the sources of pollution:**

1. Industrial sources: Sixty percent of the contaminants found in lakes, rivers, and oceans come from factory runoff and waste water. The majority of pollutants are exported from companies, including those that produce tanning, paints, cement, glass, lead, mercury, copper, nickel, dairy sterilizing facilities, slaughterhouses, sugar refineries, and hydrocarbon pollution from oil pollution .

The majority of enterprises disregard industrial drainage rules and dump their waste into the water in both developing and wealthy nations. Toxic residues have been discovered in the rivers and oceans

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around industries in the United States. Twelve drinking water treatment facilities in Cairo were the subject of a research, and it was discovered that the lack of discipline in the disposal of industrial liquid waste affected all of them. It should be highlighted that conventional techniques of purifying water do not remove pesticides, inorganic pollutants, or industrial pollutants such hydrocarbons. Moreover, one kind of industrial pollution is when companies and power plants use the water in rivers and lakes for cooling. Aquatic species and metabolic processes are adversely impacted by rising water temperatures.

**2. Acid rain and its impact on water pollution:** The combination of sulfur and nitrogen oxides in raindrops produces nitric and sulfuric acid rain. Its pH ranges from (4) to less than (5) on average. Because the carbon dioxide in the raindrops dissolves, pure rainwater has an acidic quality. Given that its estimated pH is (5.6), it is not regarded as acid rain. Rainwater does not always have an acidic quality. Additionally, base showers occur with pH values up to 8.4. Compared to acid rain, this kind of rain does not provide a concern. Acid rain is a result of some natural occurrences, such volcanoes. But human activity is mostly to blame for their existence. For example, different fuel combustion processes release massive volumes of sulfur and carbon oxides into the atmosphere. The ecosystem is impacted by acid rain because it erodes different structures and makes soil and water bodies more acidic.

3. Toxic compounds are produced when rubbish, dead animals, sewage, and untreated industrial waste are dumped into rivers. Additionally, the spread of chemical and petroleum seepage into the seas and oceans was caused by the disposal of ship wreckage. In a similar vein, the growth of weeds and aquatic vegetation in the streams obstructs water flow. Diseases such as schistosomiasis and others are brought about by the stagnation and proliferation of snails. Furthermore, it results in massive water use, as seen by the expansion of the Nile rose in Egyptian canals.

There are four sources of sanitation: liquid medical waste from hospitals and other sources used to fulfill people's everyday requirements in household, agricultural, industrial, and commercial settings.

A significant amount of contaminants, plankton, and organic and inorganic impurities are also washed away by rainfall. These factors, together with other contaminants, cause water to lose most of its chemical and physical qualities. Furthermore, degradation of the ecosystem and sewage overflow are caused by surface water runoff. Sustainable Urban Drainage Systems (SUDS) must be managed to enhance urban drainage without the use of equipment and to store and treat water naturally in order to solve the issue.

Due to the lack of an integrated sanitation network in the majority of third world nations, sewage water is one of the most significant public health issues. The largest issue is the untreated effluent that coastal communities get from the ocean, which poses a major health risk. Additionally, using cesspits in places without a sanitation network is bad for the general public's health. Particularly when it is left exposed or when its waste is disposed of close to homes, thereafter flies and mosquitoes proliferate and spread a variety of illnesses. Furthermore, using pesticides around the home has a highly negative impact on people's health.

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Poor wastewater treatment may expose people to dangerous illnesses. In particular, it poses a health risk to people when it seeps into drinking water. Numerous microorganisms, including bacteria, viruses, and parasites, are present in sewage water and may spread various illnesses. For instance, the Thames water's contamination with sewage water during the seventeenth century led to the development of cholera outbreaks in London. Salmonella and sewage in New Delhi and California are highly populated with both aerobic and anaerobic microbes, as well as a significant quantity of organic debris.

The following are the most crucial steps in the purification of wastewater:

**1. Pre-treatment:** To save the ensuing treatment units from being ruined, suspended items like tree stems, leaves, and worn components are removed at this step.

**2. Principal therapy:** The liquid wastes are now receiving physical treatment. Large solid particle blocking, oil, grease, and sand separation, sedimentation, and filtering to lessen and balance the acidic function (PH) are examples of how it is portrayed. Additionally, it is possible to remove 2–20% of suspended matter and 5–10% of decomposable organic debris. There is no way to repurpose this water for anything.

3. The second treatment phase is when biological processes—such as biochemical oxidation—take place to get rid of organic contaminants. At this point, 35–50% of the organic matter that is degradable and 50–70% of the suspended debris may be eliminated.

**4-enhanced tertiary treatment:** Particulate pollutants are eliminated and the water is made ready for reuse at this point by enhanced treatment. Phosphorous compounds, nitrogen, excess solid suspended matter, and organic matter that is difficult to break down with primary and secondary treatment are eliminated to obtain a high degree of purification. In the years 1955–1956, water contamination caused hepatitis outbreaks to proliferate.

#### **6. Water contamination causes diseases:**

The following criteria may be used to categorize illnesses linked to water:

1. Waterborne infections, such as giardiasis, cholera, typhoid, dysentery, and bacillus diarrhea.
2. Health problems such trachoma, leprosy, lice, scabies, skin rot and ulcers, and others that arise from inadequate use of water for cleanliness.
3. Water-borne illnesses such as nematode worms, filariasis, schistosomiasis, and others.
4. The water-borne pathogens that cause yellow fever, dengue fever, filariasis, malaria, and other illnesses are spread by insects.

A significant part of the transformations of nitrates, sulfur, phosphorus, and methane is performed by the microorganisms. Both aerobic and anaerobic environments allow methane bacteria to create methane. But the rot bacteria also create ammonia, which turns into nitrate when it oxidizes and

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causes the water to become green. On the surface of lakes, seashores, and water reservoirs, they manifest as a green coating of weeds. They mostly develop in still water, preventing oxygen from entering the water. Children's blue eyes illness is brought on by an increase in green grass. Beggiato sp. and other microbes are capable of oxidizing hydrogen sulfide to sulfur.

In order to profit economically, several nations have embraced "the exclusive marine economic zone and estuaries." It creates locations for a variety of businesses, fish and shellfish species, and sporadic tourist attractions. Each of these contributes significantly to strengthening the US economy. But these places now play a significant role in the transportation of environmental contaminants. Wastes from homes, businesses, and farms are brought in. These wastes include cellulose, acids, alkalis, and nitrogenous chemicals. Fish food species in the vicinity of downstream regions suffer as a result, and people are among the consumers of their goods [10].

### **7. The origins of contamination in groundwater:**

Groundwater is also susceptible to contamination, so it's not only rivers, lakes, seas, and oceans that are contaminated. The following are the main causes of contamination:

**1. Agricultural operations:** Using too much water, fertilizer, pesticides, or disposing of animal waste improperly may lead to a number of issues. Groundwater's mineral and salt content rises as a result of operations. Chemical fertilizers also cause the groundwater's nitrate levels to grow, rendering it unsafe to drink.

**2. Injection wells:** In deep aquifers, such those that contain saltwater, injection wells are utilized to dispose of industrial, radioactive, and other contaminants. Due to the injected pollutants' potential to seep through the deteriorated casing tubes or infiltrate into the bearing layers via the cracking of impermeable layers, these processes may contaminate the higher layers of generating drinking water.

**3. Drainage pits:** In towns and villages without sewage networks, wastewater is disposed of in ground pits, complete with all of its systems and configurations. Their usage might cause organic compounds to break down and release bacteria and pathogens into the aquifer, contaminating drinking water.

**4- The entry of saline water phenomenon:** Over-pumping freshwater from water layers close to the coast allows saltwater from the sea to seep in, gradually raising the salinity of the surrounding waters. As a result, it is no longer suitable for agriculture or drinking .

**5. Surface disposal of garbage:** Approximately 390 million tons of solid waste are buried in specific locations on the earth's surface in the United States, for instance. The amount of liquid waste dumped in surface storage ponds is around 10 trillion. The environment and human health are really endangered by around 10% of solid and liquid waste. Some of these dangerous substances seep into the strata that contain freshwater due to rainfall, rising groundwater levels, and inadequate isolation of storage ponds. Chemical wastes are unlawfully disposed of in several developed nations by being dumped into water bodies, which pollutes groundwater. Residents in the vicinity of the dumping sites

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started to experience its detrimental health consequences, as shown by the well-known "Love Canal" event.

Eliminating groundwater contamination is a challenging task, particularly when dealing with chemical waste. Moreover, the cost of treating the extracted water would be high. The sluggish flow of the water makes managing groundwater contamination more difficult and limited. Their transmission velocity cannot be more than a few meters per day or even a few meters per year. This implies that it will take many years, if not centuries, before contamination is identified. It is the amount of time needed for contaminants to travel from their source to the locations of drinking wells.

The remarkable advancements in the area of nanotechnology have compelled the United Nations to take notice of it and devise a strategy to reap the benefits of its applications across several domains. Increased energy efficiency, environmental regulation, and other health issues may be resolved with the use of nanotechnology. Industrial output may be increased at very cheap prices because to nanotechnology. It is also anticipated to be advanced in a number of fields, including the military, industry, energy, agriculture, food, environment, and space. Environmental contamination issues have been resolved, or at least made better, with the use of nanotechnology.

New techniques for preserving and purifying drinking water as well as identifying air pollution have been developed using nanotechnology. As a result, there was a fantastic chance to create controlled energy sources, safeguard the environment from pollution, address air and water pollution, and address other environmental issues.

#### **8. Conclusion:**

The dangers of water contamination are equal to those of air and soil pollution. They all have a detrimental impact on both animal and human life. Water is contaminated both directly and indirectly by solid and liquid pollutants as well as bacteria. It becomes inappropriate for food due to these contaminants, which also alter its color, taste, and scent. Water contaminants come in a variety of forms. The four most significant types of pollution are biological, chemical, radioactive, and physical. These are all very harmful varieties that may infect people, animals, and plants with various illnesses. Parasites, viruses, and bacteria are the essential contaminants. Due to the fact that animal and human wastes are dumped into the river; they originate from both. When wastes are combined with sewage or agricultural drainage water, cholera and other illnesses are spread. Chlorine is thus required to sanitize it. One major contributor to the degradation of rivers and lakes is acid rain. When sulfur oxides and nitrogen react, sulfuric and nitric oxides are formed in part because of the acidic water in the area. Among the factors contributing to water pollution include the use of pesticides and fertilizers, particularly chemical fertilizers, which are intended to promote fast crop growth. One factor obstructing water flow in streams is the proliferation of weeds and aquatic vegetation. Additionally, snail growth and stagnation are significant factors in the spread of illness. Many factors contribute to the contamination of groundwater, such as the widespread use of chemical pesticides and fertilizers, the excavation of land for the burying of garbage and industrial waste, and the rise in salinity percentage caused by saltwater intrusion from the sea.

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